

Family Agreement On Driving

As people age, cognitive function and motor skills decrease, sometimes without us even noticing. Many times, family members and friends are the first to notice these signs of aging and try to intervene and ask them to limit or quit driving. But the older adult many times refuses and swears they still have the reflexes of a teenager. This questionnaire is designed to help your family know what to do when you are showing signs that you may not be fit to drive.

Here are some warning signs that you should limit or stop driving to be aware of and keep an eye out for as you age:

- Abruptness
- Frequent “close calls” or minor fender benders
- Failing to use turn signals
- Drifting into other lanes
- Driving on the wrong side of the road
- Trouble reading signs
- Trouble navigating directions/getting lost frequently

With this in mind, please answer the following for your family to use as a reference in the future:

I agree that if one or more family member is concerned about my driving, I will (check at least one option):

- Take a senior/defensive driving course to brush up on my skills
- Take a driving assessment to determine if it's safe for me to be driving
- Limit my driving to daytime hours
- Agree not to drive in the rain
- Quit driving

I agree that if I get in _____ or more accidents after age _____, I will (check at least one option):

- Take a senior/defensive driving course to brush up on my skills
- Take a driving assessment to determine if it's safe for me to be driving
- Limit my driving to daytime hours
- Agree not to drive in the rain
- Quit driving

What are some signs you believe may be signs that it is time to stop driving?

What steps should be taken if someone is concerned it is not safe for you to be driving?

What alternative modes of transportation are acceptable to you?

Is there anything else you would like to document in regard to driving?
